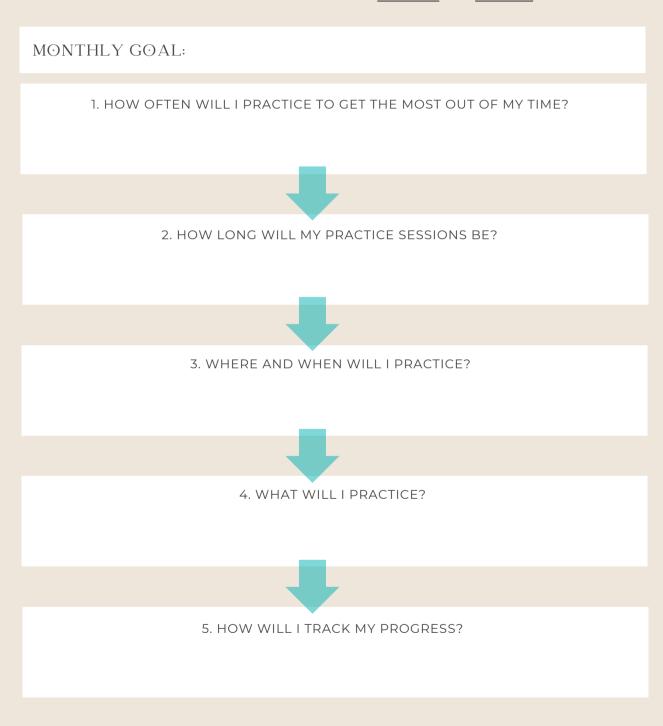


PRACTICE ROUTINE

BE SPECIFICS AND MEASURABLE YOUR PRACTICE ROUTINE.THIS WILL HELP YOU FOCUS THIS MONTH AND TRACK YOUR PROGRESS.WRITE YOUR MONTHLY GOAL IN A I WILLBYSTATMENT.



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